

# newsletter

OUR MOTO

# QUALITY healthcare for all

**OUR MISSION**

To provide high quality healthcare that is readily accessible, reliable and meets the needs of the community we serve.

**OUR VISION**

To be a leader in providing quality, compassionate healthcare.



**Pharmacy**

Our facility has a well equipped pharmacy. It's able to dispense drugs to the sick patients.



**Lab services**

Our patients are able to be tested in our laboratory before being treated to make sure that the real problem is addressed accordingly. To be even more equipped, we are in the process of securing fHematology Analyzers, for the full haemogram tests.

Kenswed hospital is a health centre located in Kibiko, Maragara road approximately half a km from the safaricom booster. Fully registered. Offers services to students at Kenswed Secondary, staff and to the community at large. The Hospital is sponsored by Män Zelmerlow \$ Jonas Bjorkman Foundation in partnership lööf Foundation.

## OUR SERVICES

**Consultation**

The hospital being a charity project to give healthcare to the very vulnerable in the community, our out patients and the Kenswed students are able to see a doctor for any medical question, advice and treatment free of charge we do give the best maternal healthcare to mothers who we walk with from prenatal, maternity and antenatal care .

**Immunization (vaccination)**

The facility offers immunization to children from birth to 18 months free of charge.

**Maternity, family planning and (antenatal clinic) Anc.**

Expectant mothers are able to visit the hospital for antenatal clinics. Our team is also able to conduct deliveries. The few months since we started giving maternal healthcare we have had three normal deliveries successfully. We however have a major challenge, we lack an

ambulance just Incase we a complication. We have put in place precautionary measures , there is an ambulance on standby . Incase of fatal distress of a child before birth a mother is able to be given oxygen. By the nature of their backgrounds , most mothers can not afford maternal healthcare, they are given these services free of charge.

The facility is able to counsel and offer family planning services for those in need, we offer condoms, pills, implanon for 3yrs, jadell for 5yrs and IUCD for 10yrs.

**Our births**

On 28 April we were blessed to have our third born bouncing baby girl, born at 4.00a.m weighing 2.7kgs. Kenswed hospital has registered a rise in the number of expectant mothers this week. It's expected with the changes done in this department that the numbers will continue rising.

With the increased expectant mothers we

hope for some changes implemented which include; keeping the hospital operating 24hours.

#### Dm, Htc Clinics

Patients with diabetes mellitus and hypertension are also able to visit our facility for clinics.

#### Ultrasound

Owning an ultrasound machine makes it possible for the facility to conduct ultrasounds for pregnant mothers.

#### Home visits

For the elderly, cases that need follow up and patients unable to carry themselves to the hospital.

## FACILITY MANAGEMENT

Our professional and able team consists of eight employees and a social worker volunteer who are guided by the following core values Service, Patient First, Respect, Integrity, Innovation and Teamwork. Staff members are committed to delivery of services in general.

# PROJECTS

### Medical camp

Kenswed hospital was able to conduct free medical camps successfully, we intend to continue with these medical camps after the Corona virus pandemic. We are however conducting programs to assist community manage the Corona crisis by sensitization, education, and provision of soap and face masks.

### Patients on waiver

Patients who are not able to pay for their medicines and after a thorough background check and evaluation one is placed on waiver. So far we have had patients on full waiver after our home visits realized abject poverty.

### Corona virus community Sensitization

As a continuation of our community work, the hospital has continuously engaged the community. We have been able to educate the community on measures for safety against COVID 19 pandemic and in the process offered them home reusable face-masks, soaps for washing their hands, reflectors Jackets for bodaboda riders and fliers to empower them with knowledge on symptoms and prevention of corona virus. we realize that in our community if positive cases spike, the best way to manage is homecare, the vulnerable, the old and people with underlying health conditions will have to kept indoors. We have a home deliver program, where they can get medicine delivered to their homes. They only call our doctor/pharmacy for prescriptions.

We extend this to shopping for the very vulnerable and delivering foodstuffs and groceries. Bodaboda (*motorbike riders*) is the main means of transport for patients visiting Kenswed Hospital. There was a felt need to empower the riders with information on how to stay safe to avoid contracting corona virus. Target stations were bodaboda stages surrounding the hospital.



The following items were gifted to them:

i. Reflectors jackets -The main aim of gifting them reflectors was to help in advertising the hospital to the passengers they carry

ii. Soaps- we advised on the need to washing hands regularly with soap and water and disinfecting their Bikes surfaces.

iii. Condoms- Most of the riders are young men who are not yet married or are newly married, with the weather and idleness it's expected that most of them will engage themselves in sexual activities. There was need to educate and offer condoms to protect themselves from unwanted pregnancies, STDs, HIV/AIDs and also help them in family planning.

iv. Face Masks it's a government directive that every person stepping outside their houses should wear a face mask. Kenswed hospital is making homemade masks in partnership with Kenswed school student. The masks are a three layered homemade face mask to help protect themselves from the corona virus.



**CONCLUSION**  
 Bodaboda riders get to carry about 70% of the population living around the hospital. Empowering them with knowledge on corona virus and creating awareness of the hospital was necessary. Even though most of them had masks on them, it was noted.

v. Flyers- On the fliers contains information on corona virus, which i used to educate them aboutthe symptoms and the prevention measures. Others measures we advised them was, at all times to carry one passenger at a time and to be disciplined in following the directives given to them by the government to help in curbing the corona virus pandemic. We did tell them about the facility and the services being offered. Not only did we give masks and fliers to riders we extended to the community members surrounding the hospital as a corporate responsibility and a tool of continued marketing the hospital and reminding the community at large to stay safe and stay at home if there is nothing one is doing out.

**Patients follow up**

For patients who are unable to pay their bills or present a major problem while visiting the hospital, the facility follows up their cases to find out the problem and where possible it’s able to help.

# HOSPITAL ACHIEVEMENTS

The key milestone achievements of the hospital include:

- Provision of comprehensive health services to communities mainly from Kajjado County.
- Free healthcare to students of Kenswed Secondary School
- Provision of community health education and sensitization
- Medical camps
- Adequate capacity building programs, Continuous Medical Education CMEs conducted each and every Wednesday by departments.
- Adequate health facilities i.e. Delivery bed, Oxygen.
- Creating our hospital awareness
- free vaccinations and immunizations
- Free delivery for expectant mothers.
- Customers services satisfaction
- Subsidized medicine.

# THE FACILITY NEED

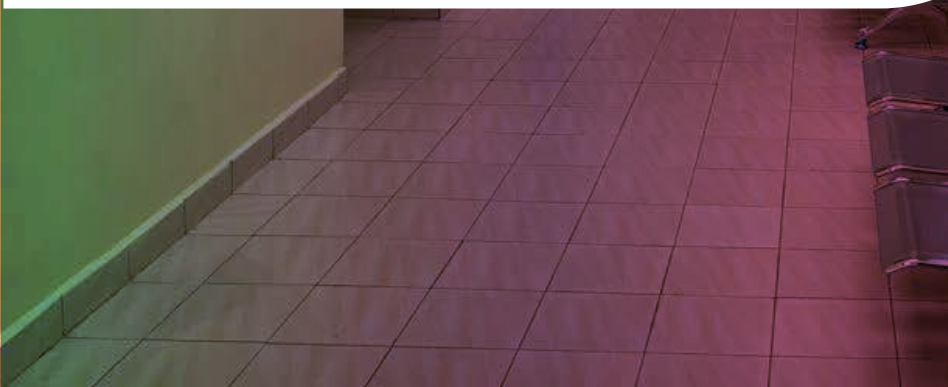
- Provision of modern medical equipment i.e. a haemogram machine and a rescusitaioir
- Mobilize resources to buy ambulance
- Insurance covers for patients and staffs i.e. NHIF
- Expansion of the health facility to address increasing in demand.
- Dental care services kick off.



**VISITING HOURS**

DAYS	OPENING	CLOSING
WEEKDAYS	8.00 A.M	5.00 P.M
WEEKENDS	8.00 A.M	1.00 P.M

On Sundays and public holidays the facility is closed unless there is an emergency call for a service.



**QUALITY**  
healthcare for all



**newsletter**

5940 00200 Nairobi, Kibiko Ngong | Email: [kenswedhospital@gmail.com](mailto:kenswedhospital@gmail.com)

Tel: +254 743 237 042 |  [kenswed\\_hospital](https://www.facebook.com/kenswed_hospital)

 [kenswed\\_hospital](https://www.instagram.com/kenswed_hospital)